

ELMO PRES KIDS

Sunday School, May 31st, 2020



Big Idea

I can be content in any circumstance because when I have Christ I have everything.

Prepare

Grab your Bible, a pencil, a notebook/journal, and a device to access online content. Find a quiet place to sit. Ask the Holy Spirit to open your heart & mind to hear and apply God's Word.

Sing

You know you wanted to sing this fun song, again: [My Lighthouse](#). And, here is a new song from Kickstart Worship: [I Can Do All Things](#).

Review & Preview

Review the memory verse by writing it with chalk on a sidewalk or driveway. Can you jumprope and say the verse at the same time? How about balance a bat on your hand and say the verse? *"And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ." Philippians 1:6*

What is the best secret you have ever been told?

Paul lived in unstable times which could have led to anxiety and fear, but instead Paul was content even in hardship. Today, we learn the SECRET to Paul's contentment.

Watch, Read & Discuss

Read [Philippians 4:10-23](#).

In your journal write down your answer to the following questions:

1. What did you find interesting about Philippians 4:10-23?
2. What did you learn about God from Philippians 4:10-23?
3. What questions did Philippians 4:10-23 raise that you would like to explore more?

Next, [watch this lesson](#). And, if you're curious about the Darth Vader commercial I mentioned in the lesson starring Max Page, click on this link: [Volkswagen Commercial](#).

Apply & Pray

- Take a moment to list in your journal some of the hard things you worry about or face everyday. For example, you might list: missing grandparents, online school, cancelation of summer camp, fear of the future, health issues, broken friendships, etc. Now, take a colorful marker and draw a circle around your list.
- Pray. Ask Jesus to be with you, help you, and strengthen you to be content in Christ even with all the hard circumstances listed inside the circle in your journal.
- Make a foil drawing of Philippians 4:13 using the drawing below and [instructions](#) from the website, art club.



I

can

do

all things

through

CHRIST

who

strengthens

me

Philippians 4:13